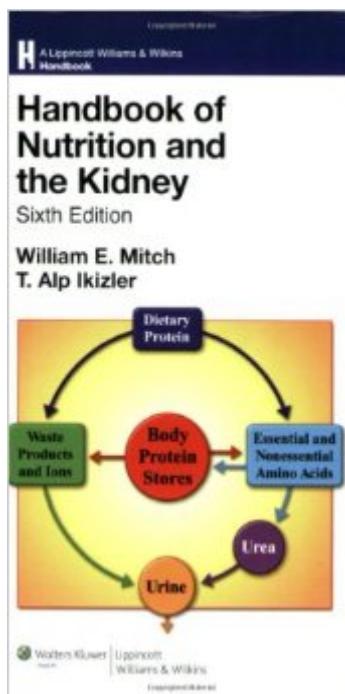


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# Handbook Of Nutrition And The Kidney (Lippincott Williams & Wilkins Handbook Series)



## **Synopsis**

Thoroughly revised and updated for its Sixth Edition, this handbook is a practical, easily accessible guide to nutritional management of patients with acute and chronic renal diseases. Leading international experts present state-of-the-art information on these patients' nutritional requirements and offer dietary recommendations, with menus and lists of supplements to enhance patient compliance. Numerous tables and figures enable readers to find essential information quickly. This edition includes new chapters on the dietary approach to treating patients with kidney stones and hypertension, as well as on obesity and physical activity as they relate to patients with kidney disease.

## **Book Information**

Series: Lippincott Williams & Wilkins Handbook Series

Paperback: 336 pages

Publisher: LWW; Sixth edition (July 22, 2009)

Language: English

ISBN-10: 0781795176

ISBN-13: 978-0781795173

Product Dimensions: 4.3 x 0.4 x 7.9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ  (6 customer reviews)

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## **Customer Reviews**

This highly technical medical text provides an outstanding explanation of the nutritional needs of patients with renal disease. The chapter on calcium and phosphorus homeostasis is particularly well written. Because the writers assume the reader has a fundamental understanding of physiology and pathology of the kidney, this book is has limited usefulness for the casual reader. It is most valuable for medical professionals treating patients with renal disease or the medical student who hopes to get maximum benefit from a nephrology rotation.

This book is not an "easy read" because it's really meant to be read by medical professionals, but

it's chock full of extremely valuable information and explanations. When a doctor tells a CKD patient to cut back on sodium, potassium, protein, and so forth the explanation of why, what's happening, what effect will the present unchecked diet have is often very vague. I am a care giver in that I do the cooking for a CKD patient. To understand the function (or lack of function) of a failing kidney, and to understand why these things become important, is important to me. So while I skipped most of the chemistry, I got some very valuable information and was able to ask more informed questions at the next nephrologist's visit.

Up to date and complete information. Scientifically useful. Could use a practical application regarding newer meds being used in the nutritional management of the disease.

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